



ISSofBC successful in JobOptionsBC bids!

ISSofBC was successful in its bid to deliver the JobOptionsBC program in Vancouver, Surrey, and Port Coquitlam. Funded by the province, program participants receive 5 weeks of group-based job search training and up to 5 weeks of paid work experience.

The program will prepare participants for new or immediate employment, or where appropriate, further training. In Vancouver, JobOptionsBC will be delivered at ISSofBC's Terminal Ave. location, as well as, the South Vancouver Neighbourhood House and Mt. Pleasant Neighbourhood House.

JobOptions BC program is for job seekers who are:

- unemployed; not self-employed, nor working part-time
- a non-EI client; not currently receiving Employment Insurance (EI), not started a regular EI Claim in the past 3 years not a parental claim in the past 5 years
- 18 years of age or older
- not students
- legally entitled to work in Canada
- willing to commit to 10 weeks of full-time job search training

The first intake is scheduled to begin on Nov. 22nd so referrals are welcome. For more information phone or email:

Port Coquitlam and Vancouver: 604-684-2561 ext. 1207

Surrey: 604-684-2561 ext. 1209

All email inquiries can be sent to joboptions@issbc.org

ISSofBC participates in the first Welcome BC Day Award

ISSofBC is part of the Burnaby Intercultural Planning Table (BIPT), a project focused on community capacity building / community convening initiatives to provide better sources of information and community connectivity to the multiple stakeholders working to address the needs of immigrants and refugees and develop Burnaby as a Welcoming Community.

November 2010

In this Issue

ISSofBC successful in JobOptionsBC bids!

ISSofBC shares in part of the first WelcomeBC Day Award

Without you there would be no way

Staff gives back

How will you remember?

Upcoming Events

Get your dancing shoes warmed up for the ISSofBC Annual Christmas Dinner

Plaza 500 Hotel Ballroom

Friday, Dec. 3rd: 6:30 pm

500 West 12th Avenue, Vancouver

**\$10 – Staff and Board
\$20 – Non-staff (Allowed to bring one guest only)**

Cut-Off date: November 25th, 2010

(Inform: Veronica – Terminal Office, Angelina – Drake Office)

Green Tips

How to make a non-toxic cleaning kit

Led by Burnaby Family Life, the BIPT has been formed and Chris Friesen (ISS) have been appointed as a Co-chairperson. A WelcomeBC Award was given to the [Burnaby Intercultural Planning Table \(BIPT\)](#), for their exemplary efforts in connecting newcomers to the labour market and their communities. This is just one example of the many innovative partnerships at work under WelcomeBC.

To read more about the award click [here](#).

Without you, there would be no way



ISSofBC staff has a legacy of giving generously year after year to the United Way of the Lower Mainland's annual fundraising campaign. The monies collected help children, families and seniors - many of which are or have been our clients.

New this year: You can double your impact to United Way! 100% of first-time donors pledges or gifts from existing donors that are increased by at least 15% will be *matched* by the Philanthropists' Circle. Wow!!

Our campaign will be November 19-Dec 3. Please watch for your pledge envelope arriving with your pay stub on November 19th.

If you have any questions contact Campaign Leaders: **Helen Aqua** - helen.aqua@issbc.org OR **Hillary Taylor** - hillary.taylor@issbc.org

Staff Gives Back



Romanda Simpson (ISS-Mentoring Connections) helped to raise over \$3300 for the Children & Young People's Protection and Development Agency (CYPPD) and [Christina Noble Children's Foundation](#).

ISSofBC staff supported Romanda in raising \$230 for the CYPPD organization that focuses on skills training for youth so that they can gain fair & safe employment.

When asked what was a life lesson learned from this adventure, Romanda said: "I was completely touched by the generosity of strangers whom we met on the road and the genuine desire of those in the countries we passed through to help us succeed. There really is kindness

Most modern synthetic cleaning products are based on age-old formulas using natural **ingredients** that were passed down through the generations because the chemistry was right.

Most are found in your kitchen cupboards. Mix and match with well-chosen and environmentally friendly green cleaning products found in health food stores, and you can easily and simply transform your home into a non-toxic and healthy haven.

As an added bonus, ounce for ounce homemade cleaning formulas cost about one-tenth the price of their commercial counterpart

Read the full article [here](#).

Computer Tips

6 Common Computer Backup Mistakes

1. Not having a computer data backup device or plan to begin with.
2. Not verifying the accuracy of your system backup periodically
3. Only backing up part of your important computer data
4. Not understanding the limitations of your computer data backup system
5. Not being consistent with a computer backup plan and schedule
6. Not choosing the right tool for the right job

Now that we are into full RFP season, it would be wise to take the time to back up your information, if you require

in the world, and I know that even with language barriers communication and connection (is possible)."

How Will You Remember?

Each year, from November 5 to 11, Canadians join together to celebrate Veterans' Week - this year is no different.

This Veterans' Week, take the remembrance challenge. Your challenge is to make remembrance more than something you feel, make it something you do. There are many ways to show that you remember and honour our Veterans:



- Pin a poppy above your heart.
- Attend the local Remembrance Day [ceremony](#).
- Talk to a friend or relative who has just returned home from Afghanistan or who served in other areas of conflict.
- Listen to Veterans talk about their experiences.
- Create a [mashup](#) and share it on the [YouTube Channel](#) (Opens a new window) and on our Veterans' Week [Remembrance Feed](#).
- Visit the Veterans Affairs Canada Facebook [fan page](#) (Opens a new window), write on our wall and share how you remember.
- Change your Facebook profile picture to a poppy.
- Blog, tweet or update your Facebook status about the importance of remembrance.

To read more about Remembrance Day, click [here](#).

assistance, please ask our friendly and knowledgeable IT staff.

Staff & Program Updates

Lupe Gomez - Assistant Registrar - International Studies

Doug Hillhouse - Business Diploma Instructor

Did You Know??

IMPORTANT

For all those who are First Aid Attendants or trained in CPR

CPR - guidelines have change regarding responding to cardiac arrest.

The new guidelines recommend a change in the sequence of steps, from **ABC** (airway, breathing, chest compressions) to **CAB** (chest compressions, airway, breathing) for adults, children and infants. The new sequence shortens the time to the first compressions.

The emphasis is to "push hard and fast" on the centre of the chest, between the nipples, at a rate of at least 100 compressions per minute.

Read read the full article [here](#).

Read the Heart and Stroke Foundation of Canada guideline changes [here](#).

Check us out on:

[ISSofBC News Blog](#) 

or

www.issbc.org